

40 Days of Bible Verses

To Better Mental Well-Being

- Day 1 Psalm 9:9
- Day 2 Psalm 9:10
- Day 3 Psalm 23:4
- Day 4 Psalm 55:22
- Day 5 Psalm 91:1
- Day 6 Psalm 27:14
- Day 7 Psalm 46:10
- Day 8 Psalm 91:2
- Day 9 Psalm 37:5
- Day 10 Psalm 23:3
- Day 11 Psalm 23:1
- Day 12 I Corinthians 13:4
- Day 13 1 Corinthians 13:13
- Day 14 I Corinthians 13:7
- Day 15 II Corinthians 4:18
- Day 16 II Corinthians 12:9
- Day 17 I Corinthians 2:9
- Day 18 Psalm 34:17-18
- Day 19 Psalm 73:26

Day 20 Isaiah 40:31
Day 21 Isaiah 41:10
Day 22 Romans 8:31
Day 23 Matthew 11:28
Day 24 I Corinthians 1:3
Day 25 II Corinthians 1:3-4
Day 26 Deuteronomy 31:8
Day 27 I Corinthians 2:9
Day 28 I Peter 5:7
Day 29 I Peter 5:6
Day 30 I Peter 5:9
Day 31 John 15:7
Day 32 Philippians 4:13
Day 33 John 16:33
Day 34 Jeremiah 29:11
Day 35 Proverbs 3:5-6
Day 36 Joshua 1:9
Day 37 Psalm 40:1-2
Day 38 Isaiah 41:10
Day 39 John 16:33
Day 40 Philippians 4:6-7